

ACT CHURCHILL FELLOWS ASSOCIATION
NEWSLETTER



MARCH 2014

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PRESIDENT'S MESSAGE:

Dear Fellows,

Welcome to another new and exciting year. We are hearing some fabulous stories from our recently returned 2013 Churchill Fellows, I look forward to hearing about their adventures at upcoming Churchill Chats.

Speaking of Chats, we have two fabulous speakers lined up for our next Churchill Chat in late March. 2012 Fellow, Dax Liniere, is taking Australia by storm as an outstanding sound engineer and producer, Josephine Alchin, a recent 'Fulfil Your Dreams' recipient will outline a psychotherapy project in working with traumatized children and their carers. I urge you to come along and join us.

Applications for the 2014 Fellowships have recently closed with over 60 applicants from the ACT. We look forward to hearing of the successful Fellows in July.

This newsletter gives an overview of the three successful recipients of the 'Fulfil Your Dreams' scheme which was conducted in the Canberra Centenary Year, I'm sure you will be fascinated by the way in which the Churchill Fellows Association is able to assist these returned Fellows. I look forward to discussing and planning our own celebrations for the 50th Anniversary of the Churchill Trust which will take place in 2015. Stay tuned for updates and announcements.

Regards

Bill Caddley

EVENTS DIARY

- **Churchill Chat and Information Session**

Date: Thursday 27th March, 2014

Time: 7 – 9pm

Venue: ACT Legislative Assembly, Civic

RSVP by Friday 21st March to actcfa@hotmail.com

- **SAVE THESE DATES**

Annual Fellows Dinner in Canberra – July/August 2014

Churchill Chat in Canberra – Thursday 16th October 2014

50th Anniversary National Convention in Sydney – 9th October 2015

Invitation



ACT Churchill Fellows' Association Inc.

invites you and your guests to attend a

Churchill Fellowship Information Session



What is a Churchill Fellowship?

Who can apply?

How do I apply?

An information evening for potential applicants and an opportunity to hear ACT Fellows reflect on their fascinating projects –

- Josephine Alchin travelled to the USA, Canada and the United Kingdom in 2009 to study programmes that assist women whose parenting has been compromised by violence.
- Dax Liniere travelled to France, Germany and the UK in 2012 to learn new mixing and music production techniques with the aim of enriching Australian music by bringing new, culturally diverse techniques and perspectives to Australia.

And an opportunity to meet Julia Quantrill,
Executive Officer of Marketing at the Churchill Trust National Office.

Thursday 27th March 2014 at 7pm

ACT Legislative Assembly Building Civic Square
(Parking available either side of the Canberra Theatre complex)

Contribution \$5 at the door – wine, tea, coffee & light refreshments provided

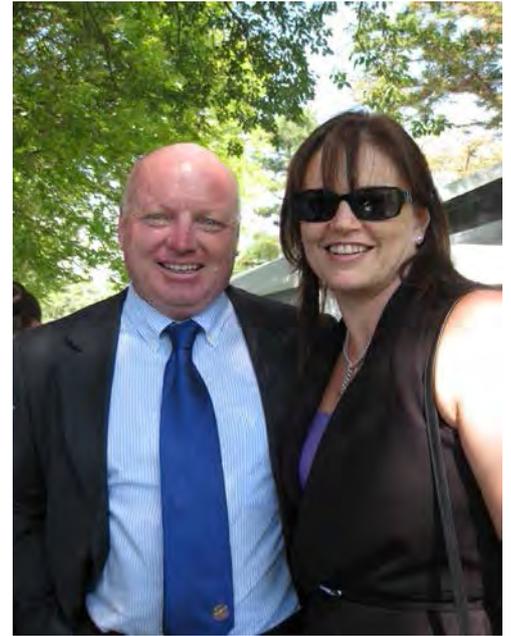
ALL WELCOME!

RSVP by 21st March to David Pang (CFA Secretary) actcfa@hotmail.com

FAREWELL RECEPTION FOR THE GOVERNOR-GENERAL

With the announcement of Australia's next Governor-General earlier this year, the Governor-General, Her Excellency the Honourable Quentin Bryce AC CVO, as Patron of the Winston Churchill Memorial Trust invited representatives of the Trust to attend a farewell reception.

The photos show Bill Caddey (ACT CFA President), Louise Hurst (National Office) and the Hon. Margaret White AO (National Chairman) who enjoyed the function at Government House in Yarralumla –



CONGRATULATIONS

Many Churchill Fellows were recognized with Australia Day Honours this year.

Churchill Trust CEO Paul Tys congratulated the recipients on the honour as seen in the article – <http://www.churchilltrust.com.au/news/fellows-receive-australia-day-honours/>

Local 2011 Fellow Mrs Catriona Bowen Tonacia was awarded the Medal (OAM) of the Order of Australia in the General Division for service to mental health through programs to address post-traumatic stress disorder. Katie was also a finalist in the ACT Local Hero award as announced in our previous Newsletter.



Katie's Churchill Fellowship enabled her to study methods for eradicating the stigma and misconceptions surrounding Post Traumatic Stress Disorder in the UK, USA and Canada. She shared many of her lessons learnt and highlights with us last year at a Churchill Chat.

The Australian of the Year Awards 2014 released the following description of Katie's outstanding contribution –

“In Catriona Tonacia's own words, the husband she farewelled to serve as a peacekeeper in the Solomon Islands was not the same man who returned. With her background in nursing, Katie knew something was wrong, but it took nine months for David to be formally diagnosed as suffering from post-traumatic stress disorder (PTSD). Since then, Katie has worked tirelessly to break down the stigma attached to mental illness and PTSD. In 2007 she founded the support group, Picking up the Peaces, to raise national awareness and funds to help people suffering from the disorder. She's been the driving force behind a program to educate frontline first responders on the signs, symptoms and strategies to recognise PTSD in themselves and others. In 2012, Katie was awarded a prestigious Churchill Fellowship to undertake international research into methods of combating the stigma that exists in frontline emergency service cultures, and this work, together with her advocacy and fundraising, is supporting hundreds of first responders and their families.”

<http://www.australianoftheyear.org.au/>

**READERS - Please let us know if you become aware of local Fellows' achievements by emailing actcfa@hotmail.com

2013 ACT CFA 'Fulfil the Dream' Scheme

In the 2013 Centenary of Canberra year, the ACT CFA offered support to members who 'had a dream' and wanted to bring the benefits of their Fellowship to fruition. Funding of up to \$5000 was available to be divided between projects but the nature of support requested was not limited to financial assistance. Applications were due mid-November and were reviewed by a sub-committee of the CFA. The successful applicants were announced at the Drinks on the House celebration in December –

Josephine Alchin – Support for colleagues (pictured below) to attend training in *Dyadic Developmental Psychotherapy: A Brain Based Attachment Model for Working with Traumatized Children, Young People and their Carers and Families*.

Jospehine describes “during my fellowship I attended a two week training course in Dyadic Developmental Psychotherapy (DDP) with Dr Daniel Hughes (Waterville, USA). DDP is an advanced cutting edge therapeutic programme used throughout the US, UK, Canada and Australia for traumatised children and their carers. It is a highly specialised intervention, and since returning from my fellowship I have been using the programme with clients, with my colleagues observing through a two way mirror. I would like to expand the use of DDP in the [health] unit, but my colleagues need to receive training before I can do so. In 2014 Dan Hughes is coming to Australia to provide the training.”

Congratulations Jospehine and your colleagues and thank you for the important work you do with some of the most vulnerable people in our community!



2013 ACT CFA 'Fulfil the Dream' Scheme continued...

Nancy Tingey – In 1996 Nancy travelled through Europe, the UK, Canada and the US studying with art therapists, neurologists, disability art educators and organizations, and Parkinson's support personnel to investigate ways of using art as a therapy for people with Parkinson's disease.

Nancy writes "I founded *Painting with Parkinsons* in November 1994. As a result of my studies on my Churchill Fellowship I was able to improve the methodology behind *Painting with Parkinsons* as well as run programs in Australia, the UK, Europe and the US. I wish to produce a booklet recording the history of **Painting with Parkinsons** and relating 20 stories (to mark the 20 years the Canberra group has been running) about people with Parkinson's who have experienced improved quality of life through participation in specialist art programs. I would like to have 250 copies of the booklet printed to circulate the 200 members of Parkinson's ACT and other interested people. The booklet will also be a valuable part of an education kit helping establish other art groups for Parkinson's in Australia and overseas."



Congratulations Nancy, we know that your contribution will add immense value to the ACT Parkinson's community!



Laura Jellins – Support to purchase a virtual psychological instrument library to trial amongst our School Psychologist colleagues.

Laura reports "with a growth in demand for services for students with disabilities and mental health issues, innovative technologies are emerging as a means for supporting School Psychologists in their varied tasks. My project explored how technology could enhance our efficiency and effectiveness – and enable us to support more students and carry out tasks that would not have been otherwise possible. My study tour in the USA allowed me to investigate current innovations in areas such as assessment and intervention. By trialing some interactive technologies (for example, psychological tests of ability and mental health), we would be able to evaluate the applicability and usability of tools in the Australian school context. The Dream Scheme would enable this trial to be implemented and allow the ACT to lead Australia in innovative School Psychology practice."

DRINKS ON THE HOUSE – 6th December 2013

ACT CFA President Bill Caddey and Churchill Trust CEO Paul Tys thank Sir David Smith KCVO AO for his service as Director of the ACT Selection Committee –



Bill Caddey and Paul Tys with the 'Fulfil the Dream' Scheme recipients Nancy Tingey, Josephine Alchin and Laura Jellins –



DRINKS ON THE HOUSE – A Collection of Photographs



MORE INFORMATION IS NOW AVAILABLE FOR ALUMNI AND PROSPECTIVE FELLOWS THROUGH SOCIAL MEDIA

“LIKE” the Churchill Trust on Facebook to view updates on news and events –

<https://www.facebook.com/pages/The-Winston-Churchill-Memorial-Trust-AU/514204631934243>

The Winston Churchill Memorial Trust - AU

Explore your passion with the research and travel opportunity of a lifetime...

Over 100 Churchill Fellowships are offered each year worth in excess of \$20,000 each

REWARDING AUSTRALIANS STRIVING FOR EXCELLENCE

The Winston Churchill Memorial Trust – AU

★★★★★ (6 ratings)

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Non-Profit Organization
The Churchill Trust was established in 1965 to honour the memory of Sir Winston Churchill by awarding overseas research Fellowships known as 'Churchill Fellowships'.

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49 years ago today: Churchill Memorial Appeal Day
February 28

Sir Winston Churchill died on 24th January 1965 and the Churchill Memorial Appeal Day occurred in Australia on Sunday 28th February 1965. On that day in New South Wales, 30,000 collectors called on 600,000 homes throughout the nation. All monies collected on that day were banked on the same day. Banks opened especially for the Appeal Day and given this was a Sunday, it stands out in history as the only time banks opened on a Sunday. The New South Wales goal was \$180,000, while Australia wide the objective was \$2 million. In New South Wales alone \$428,000 was collected and \$4.5million Australia wide. This is probably the most successful fund-raising ever in Australia – as remarkable as the man it honoured!

The Winston Churchill Memorial Trust - AU shared a link.
January 29

Cory Payne reflects on the "remarkable experience" of playing sport in some of the world's most...
www.dailytelegraph.com.au

LIFE after League has taken former Bulldogs forward Corey Payne to some of the most confronting and inspiring corners of the world.

Like · Comment · Share

Watch videos on YouTube –

<http://www.youtube.com/user/ChurchillTrust>



The banner features the Churchill Trust logo on the left, which includes a globe with an Australian map and the text 'CHURCHILL TRUST'. To the right, the text 'Churchill Trust' is written in a large, blue, serif font. Below this, the tagline 'REWARDING AUSTRALIANS STRIVING FOR EXCELLENCE' is displayed in a smaller, blue, sans-serif font. A small 'g+' icon is visible in the bottom right corner of the banner area.

Winston Churchill Memorial Trust Australia

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Winston Churchill Memorial Trust video 2

4 months ago · 337 views

Find out about all of the great work that is done by Churchill Fellows in Australia - and how YOU can join them with a Churc...



Winston Churchill Memorial Trust Australia uploaded a video



Churchill Fellowships video 1

4 months ago · 47 views

Think a Churchill Fellowship isn't for you? Think again! Watch this film to see the wide range of people who can apply...

<http://www.youtube.com/watch?v=fC8imh585j0>

YouTube AU



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Winston Churchill Memorial Trust video 2

MEMBERSHIP

ACT CHURCHILL FELLOWS ASSOCIATION MEMBERSHIP

The local ACT Churchill Fellows Association has been established to provide opportunities for returned fellows to meet socially and exchange ideas and learning from our fellowships.

Each year the ACT CFA coordinates 4 events to bring fellows together:

- Our Annual Dinner
- 2 Churchill Chats
- Drinks on the House

We also produce regular newsletters to keep fellows updated on local Churchill Trust happenings.

Each year we encourage fellows to update their contact details and pay a small membership of \$15 to enable the CFA to keep you informed and active in the Churchill network. This is usually done in conjunction with the annual dinner. If you didn't manage to pay your annual membership at our recent dinner, you can still do so by making a cheque for \$15 to 'ACT Churchill Fellows Association' and sending it along with your updated contact details (including email) to:

The Secretary
ACT Churchill Fellows Association
PO Box 226, Woden ACT 2606, Australia

actcfa@hotmail.com